

MENTAL HEALTH PROFESSIONAL LICENSING STUDY

Office of Professional Regulation

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[https://sos.vermont.gov/opr/regulatory/
regulatory-review/mental-health-
licensing-study/](https://sos.vermont.gov/opr/regulatory/regulatory-review/mental-health-licensing-study/)



AGENDA

- Welcome
- New and Refined Issues and Questions Throughout
- Identifying Resources, Research, and Learning Opportunities

We're here!
11/20/23



Questions and
Goals and
Scope

Research,
Resources, and
Learning

Recommendations

Report

SUPERVISION

- Barriers to supervision
- Workforce development
- Accommodations
- Cross-profession supervision requirements
- Supervisor qualifications
- Supervision contracts (accountability and transparency)
- Private practice v. agency settings
- Supervision hourly rules criteria
- Direct v. indirect service criteria
- Consistency with surrounding states

- Definition of supervised practice hours (what counts?)
- Documentation of supervised hours (e.g., supervisor reports)
- Communication with applicant during supervised practice
- Clarity of requirements and guidance
- Ethical requirements (e.g., payment structures, multiple relationships)
- Number of supervisees
- Regulating the supervisor

SUPERVISION

- HOW CAN WE BALANCE ACCESS TO SUPERVISION WITH DIFFERENT INTERESTS OF SUPERVISORS AND SUPERVISEES?
- HOW CAN REGULATIONS MAKE SUPERVISION MORE ACCESSIBLE? HOW CAN REGULATIONS REDUCE BARRIERS TO SUPERVISION?
- *Oversight of supervised practice*
 - How can OPR streamline supervision requirements across all mental health professions?
 - What does quality supervision mean? How can additional oversight improve supervision?
 - How can the supervised practice regulations be revised to improve access while still protecting the public?
 - What are the risks we are concerned about with poor quality supervision?
 - Is it possible to create more flexibility in supervision pathways to licensure?
- *Oversight of supervisor-supervisee relationship*
 - Should providing supervision require training or additional CE?
 - Should providing supervision be a revocable privilege, e.g., in the event of misconduct?
 - Should OPR standardize supervision contracts?
 - What is considered fair and equitable in supervision arrangements/contract terms?
 - Should OPR actively track supervision hours/relationships?
 - What are the concerns around supervision business models?
 - Are there employment complications for professionals-in-training as independent contractors?

RESEARCH & RESOURCES

- What resources would be helpful to answer these subgroup questions?
- What stakeholder groups should be considered and how can we include their participation?
- What can Vermont learn from other states' regulatory programs?
- What other research would you like OPR to conduct?
- What other research and resources does this group have available?

NEXT MEETING DATES

Meetings: 2-4pm

- Streamlining & Barriers – Dec. 12
- Whole Group Meeting – Dec. 18

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