

# MENTAL HEALTH PROFESSIONAL LICENSING STUDY

Office of Professional Regulation

[sos.opr.comments@vermont.gov](mailto:sos.opr.comments@vermont.gov)

[https://sos.vermont.gov/opr/regulatory/  
regulatory-review/mental-health-  
licensing-study/](https://sos.vermont.gov/opr/regulatory/regulatory-review/mental-health-licensing-study/)



# STREAMLINING SUBGROUP AGENDA

- Welcome
- Streamlining
  - New and Refined Issues and Questions Throughout
  - Identifying Resources, Research, and Learning Opportunities

We're here!



Questions and  
Goals and  
Scope

Research,  
Resources, and  
Learning

Recommendations

Report

# STREAMLINING LICENSE REGULATIONS

- Education requirements that reflect current access and cost realities
- Integration of out-of-state requirements into VT licensing
- Balancing administration and clarity of licensing requirements with need for multiple pathways to licensure
- Inclusion of discipline licenses (e.g., art therapy, music therapy, school counseling)
- Telehealth and compact integration

- Supervision requirements and regulation
- CE requirements; multiple license types; equity; barriers
- Roster – role, public protection, impact
- Coordination with other entities that impact practice (e.g., insurers)
- Applicant communication and awareness of application status (and problems)

## STREAMLINING SUBGROUP QUESTIONS

- How can we balance the need for multiple pathways to licensure with the needs for public protection, clarity, and the ability to administer the rules?
- How can we ensure the requirements for licensure protect the public while minimizing the barriers to obtaining licensure (e.g., cost of education, access to supervision, etc.)?
- How can OPR better coordinate with other entities that impact professional practice?
- How can regulations incorporate mental health disciplines (e.g., art and music therapy, school counselors, forensic psychologist evaluations)
- How can we streamline post-licensure requirements to ensure equity and access?
- How can use of the roster better serve professionals-in-training as well as public protection?
- How can we improve out-of-state endorsement pathways for professionals/trainees?
- How would a single mental health board function for multiple mental health professions?

## RESEARCH & RESOURCES

- What resources would be helpful to answer these subgroup questions?
- What stakeholder groups should be considered and how can we include their participation?
- What can Vermont learn from other states' regulatory programs?
- What other research would you like OPR to conduct?
- What other research and resources does this group have available?

# STREAMLINING

- Additional

- Resources:

## NEXT MEETING DATES

# Meetings: 2-4pm

- Whole Group Meeting – Dec. 18

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