

Plainfield

STATE OF VERMONT  
SECRETARY OF STATE  
OFFICE OF PROFESSIONAL REGULATION  
BOARD OF NURSING

IN RE:

DOREEN CAPUTO

License No. 026.0081994

)

)

)

Docket No. 2012-645

Stipulation and Consent Order

**Board Authority**

1. The Vermont Board of Nursing (the "Board") has jurisdiction to investigate and adjudicate allegations of unprofessional conduct committed by Nurses pursuant to 3 V.S.A. §§ 129, 129a; 26 V.S.A. Chapter 28; the Administrative Rules of the Board of Nursing ("ARBN"); and the Rules of the Office of Professional Regulation.
2. The Board of Nursing is authorized by 3 V.S.A. § 814 to summarily suspend the license of a nurse when it finds that the public health, safety, or welfare imperatively requires emergency action.

**Stipulated Facts**

3. Doreen Caputo (the "Respondent") of Plainfield, Vermont is licensed by the State of Vermont as a Registered Nurse under license number 026.0081994. This license was originally issued on or about December 6, 2011 and expires on or about March 31, 2013.
4. During the relevant time period, Respondent was employed as a Registered Nurse at Central Vermont Medical Center ("CVMC") in Berlin, Vermont and Rowan Court Nursing Home ("Rowan Court") in Barre, Vermont.

**Facts re: Central Vermont Medical Center**

5. During the week of April 30, 2012, H.M., a patient at CVMC, reported to her caseworker at CVMC that Respondent had asked her for Dilaudid.
6. After being discharged from the hospital, H.M. received multiple text messages from Respondent stating that she might stop by her residence, however the Respondent never did. H.M. received another text message from the Respondent asking if she had any "bupes" or Methadone that she could give to the Respondent.

STATE OF VERMONT



Prosecuting Attorney  
Office of  
Professional Regulation  
National Life Building  
Second Floor North  
Montpelier, VT  
05620-3602

7. On or about October 19, 2012, Respondent was interviewed by Investigator Dennis Menard of the Office of Professional Regulation. Respondent admitted that she was an addict, was in recovery, and had completed sixty-three days in Valley Vista. Respondent admitted that she had asked H.M for her narcotics.

#### **Facts re: Rowan Court Nursing Home**

8. On or about May 10, 2012, Respondent was working the overnight shift with W.K., LNA at Rowan Court. Respondent signed out Morphine for patient L.B. at 11:30 PM. W.K. never saw the Respondent in L.B.'s room during that shift and L.B. told W.K. that he had not received a shot from the Respondent.
9. During the same shift, Respondent recorded on the med sheet that she had given patient L.R. Oxycontin for back pain at 3:00 AM. This note was written at 1:15 AM. In her interview with Investigator Menard, W.K. stated that she never saw the Respondent in L.R.'s room.
10. W.K. observed the Respondent remove medication from the med cart again around 1:45 AM. When W.K. checked the Respondent's med sheet she observed that Respondent withdrew Percocet out for patient M.A. at 2:00 AM and Vicodin for patient A.S. at 12:30 AM. W.K confirmed with both patients that neither received pain medication from the Respondent.
11. At approximately 3:00 AM on or about May 10, 2012, P.W., LPN, the wing manager at Rowan Court, arrived at the facility and found the Respondent asleep on the couch in the front lobby. P.W. sent the Respondent home and reviewed the Narcotic log. Two additional incidents were found where Respondent withdrew medication for a patient and did not administer it to the designated patient.
12. During her interview with Investigator Menard on October 19, 2012, Respondent admitted to diverting medication from Rowan Court. Respondent admitted that she took the medication she signed out for patients A.S., M.A., and L.R. on or about May 11, 2012 for her own personal use. Respondent stated that it was true that none of the patients requested or received the medication.
13. Prior to entering into this Stipulation and Consent Order and after the above described conduct occurred, Respondent completed inpatient program at Valley Vista and entered into an Intensive Outpatient Program with the Central Vermont Substance Abuse Services. Respondent has been successful in these programs to this date.

#### **Violations**

14. The act(s), omission(s), and/or circumstance(s) described above constitute grounds for discipline because the Respondent has committed unprofessional conduct in violation of:

STATE OF VERMONT



Prosecuting Attorney  
Office of  
Professional Regulation  
National Life Building  
Second Floor North  
Montpelier, VT  
05620-3602

- a. 3 V.S.A. § 129a(b)(1) and (2) (Failure to practice competently by reason of any cause on a single occasion or on multiple occasions may constitute unprofessional conduct, whether actual injury to a client, patient, or customer has occurred. Failure to practice competently includes: (1) performance of unsafe or unacceptable patient or client care; or (2) failure to conform to the essential standards of acceptable and prevailing practice); and,
- b. 26 V.S.A. § 1582(a)(5) (Is habitually intemperate or is addicted to the use of habit-forming drugs).

### Understandings

15. This Stipulation is neither an admission of liability by the Respondent nor a concession by the State of Vermont that its charges are not well-founded. To avoid delay, uncertainty, inconvenience, and expense of protracted litigation of the charges above, the Parties reach a full and final Stipulation pursuant to these Understandings and the Order below. The Respondent does not dispute that the State could prove these charges by a preponderance of the evidence if this matter went to a hearing and agrees that the conditions below are necessary to protect the public.
16. Respondent understands that the Nursing Board must review and accept the terms of the Consent Order. If the Board rejects any portion, the entire Stipulation and Consent Order shall be null and void.
17. Respondent specifically waives any claims that any disclosures made to the full Board during its review of this agreement have prejudiced her rights to a fair and impartial hearing in future hearings if this agreement is not accepted by the Board.
18. Respondent has read and reviewed this entire document and agrees that it contains the entire agreement between the parties.
19. Respondent is not under the influence of any drugs or alcohol at the time she signs this Stipulation and Consent Order.
20. Respondent voluntarily enters into this agreement after the opportunity to consult with legal counsel and is not being coerced by anyone into signing this Stipulation and Consent Order.
21. Respondent voluntarily waives her right to a contested hearing before the Board of Nursing and waives any right to appeal from this Stipulation and Consent Order.
22. Respondent agrees that the Order set forth below may be entered by the Board.

### ORDER

STATE OF VERMONT



Prosecuting Attorney  
Office of  
Professional Regulation  
National Life Building  
Second Floor North  
Montpelier, VT  
05620-3602

Respondent shall authorize and cause her treating professional to submit to the Board evidence of satisfactory progress with the treatment plan during the effective period of this Consent Order. These reports shall be submitted in writing on forms issued by the Board. The first report is due commencing the month after the date of the commencement of the conditions and subsequent reports are due **monthly** thereafter.

Respondent shall authorize her treating professional to provide all information requested by the Nursing Board, either orally or in writing, at any time during the period this Consent Order is in effect.

(5) Participation in Recovery Group(s).

Respondent shall participate as recommended by her treating professional in substance abuse recovery group(s), and shall submit **quarterly** reports documenting such attendance on forms issued by the Board.

(6) Random Drug and Alcohol Testing.

Respondent shall submit to random drug and alcohol screenings at the request of the Board or its designee. Respondent shall designate a person or entity that has been pre-approved by the Board or its designee to administer random drug and alcohol screens. All testing shall be done on a random, unannounced basis and analyzed by a lab qualified to analyze samples for forensic purposes and approved by the Board. All urine specimens collected for tests shall be collected in an observed setting. All screens shall be negative.

Failure to appear for, refusal to provide, adulteration of, dilution of, or tampering with a sample for any urine screen shall cause that screen to be presumed positive. Any positive screen shall act as a violation of this Order.

(7) Abstain from Drug and Alcohol Use.

Respondent shall abstain completely from the consumption or possession of alcohol and drugs with the exception of medications as outlined in paragraph A.(8) for the period of time described in A.(2).

(8) Drug Use Exception.

Respondent shall not take controlled substances unless medically necessary. Respondent may take scheduled/controlled medications lawfully prescribed for a bona fide illness or condition by a physician, dentist, or nurse practitioner whose identity shall be made known to the Board in writing by Respondent within forty-eight (48) hours of the prescription. Respondent shall cause the physician, dentist or nurse practitioner to inform the Board, in writing and on appropriate letterhead, of knowledge of Respondent's substance abuse issue(s) within seven (7) days of entering into the practitioner/patient relationship. Moreover, the Respondent shall cause this prescribing practitioner to inform the Board, in writing and on appropriate letterhead, of all scheduled/controlled medications prescribed – and the anticipation of how long such prescriptions will need to be taken – within seven (7) days of the prescription.

The Board or its designee may request at any time that the practitioner document the necessity for the prescribed scheduled/controlled medications or other medications known to have abuse potential. This includes medications to be administered as necessary. It is not anticipated that Respondent would be prescribed scheduled/controlled medication

STATE OF VERMONT



Prosecuting Attorney  
Office of  
Professional Regulation  
National Life Building  
Second Floor North  
Montpelier, VT  
05620-3602

during the term of this Consent Order for a period greater than fourteen (14) days, but if so, then the conditions herein may be revoked by the Board.

Respondent shall provide the Board with a current medication list of any medications taken on a scheduled or as-needed basis on forms issued by the Board within seven (7) days of the date of reinstatement and shall update this list within forty-eight (48) hours of any change in these medications.

(9) Notification to Employers/Nursing School.

Respondent shall provide a copy of this Stipulation and Consent Order to all employers in any current or future setting in which Respondent practices as a nurse and inform them of Respondent's conditional license status.

Within ten (10) days of the date of entry of this Consent Order or of any subsequent nursing employment, Respondent shall cause Respondent's immediate supervisor to submit to the Board an employer agreement form approved by the Board, acknowledging receipt of the Stipulation and Consent Order and the ability to comply with the conditions in the Consent Order.

In the event the Respondent is attending a nursing program which has a clinical portion that involves actual patient care, Respondent shall provide a copy of the Stipulation and Consent Order to the Program Director. Respondent shall cause the Program Director to submit to the Board a nursing program agreement form approved by the Board, acknowledging receipt of the Stipulation and Consent Order and the ability of the program to comply with the conditions in the Consent Order during clinical experience.

(10) Reports from Employers/Program Director.

Within one (1) month of the date of reinstatement or within one (1) month of the commencement of nursing employment and **monthly** thereafter, Respondent shall cause every nursing employer the Respondent has worked for during the month to submit to the Board an evaluation of Respondent's work performance and attendance during that month. Moreover, on a **quarterly** basis, these reports shall include the results of the employer's medication audits of Respondent's medication administration and practices. These reports shall be submitted in writing on forms issued by the Board. All employer reports shall indicate satisfactory performance (ie., consistently meeting all standards of nursing practice) and attendance.

In the event the Respondent is attending a nursing program, Respondent shall cause the Program Director to submit to the Board, on a monthly basis, a written evaluation of her performance and attendance. These reports shall be submitted in writing on forms issued by the Board. All nursing program reports shall indicate satisfactory performance (ie., consistently meeting all standards of nursing practice) and attendance.

(11) Practice Under Supervision.

Respondent shall practice as a nurse only in a setting where Respondent has direct supervision for the entire shift by a licensed nurse that is in good standing with the Board.

(12) Administration of Medications.

STATE OF VERMONT



Prosecuting Attorney  
Office of  
Professional Regulation  
National Life Building  
Second Floor North  
Montpelier, VT  
05620-3602

entry of this Order. If the Respondent fails to provide such notification, it will be considered a violation of this Order.

(18) License Renewal.

If the Respondent's license expires while this Order is still in effect, this Order does not automatically extend the license. In that situation, in order to continue to practice as a nurse, the Respondent must timely apply for renewal, pay the applicable fee and demonstrate that she has otherwise complied with the requirements for license renewal.

(19) Release of Information Forms.

The conditions of this Order require the Respondent to authorize drug and/or alcohol treatment providers to report information in verbal and/or written format and/or to discuss the Respondent and any and all treatment rendered to the Respondent for drugs and/or alcohol with the Board or its designee. The conditions of this Order must allow any and all information from the Respondent's treatment providers to also be provided to the Office of Professional Regulation investigators and that the information may be used for further prosecutions if so warranted or if the Office of Professional Regulation determines that said information violates the terms of this Order or any rules or laws governing the profession of nursing.

The Respondent is entitled to revoke this consent at any time. However, any revocation by the Respondent of such consent to disclosure during the term of this Order shall be considered a violation of this Order.

This consent expires when the conditions are removed from the Respondent's nursing license.

This Stipulation and Consent Order shall constitute a valid written consent pursuant to the requirements of 42 C.F.R. § 2.31.

The Respondent understands that her treatment provider may require her to sign a separate and distinct consent meeting the requirements of 42 C.F.R. § 2.31.

(20) Costs.

The Respondent shall bear all costs of complying with this Consent Order.

(21) Violation of this Order.

If the Respondent violates the terms of this Order in any respect, the Board, after giving the Respondent notice and an opportunity to be heard, may rescind or modify this Order and impose additional appropriate disciplinary actions. If a complaint of unprofessional conduct is made against the Respondent during the term of this Order, this Order shall be automatically extended until the unprofessional conduct matter is concluded.

(22) Completion of Conditional License Period.

After the conditional license period, the Respondent may petition the Board, or its designee, to remove any and all conditions on her license. The Respondent must present proof that she has fully complied with the terms of this Order. The Respondent must also present proof of successful substance abuse rehabilitation and she must demonstrate, to

STATE OF VERMONT



Prosecuting Attorney  
Office of  
Professional Regulation  
National Life Building  
Second Floor North  
Montpelier, VT  
05620-3602

- B. Notwithstanding any provision above, the Respondent must continue to meet all Nursing Board requirements for maintaining a license, license renewal and license reinstatement.
- C. This Stipulation and Consent Order is a matter of public record and may be reported to other licensing authorities as provided in 3 V.S.A. §129(a).
- D. This Stipulation and Consent Order will remain part of Respondent's licensing file and may be used for purposes of determining sanctions in any future disciplinary matter.

AGREED TO:

Dated: 12/5/12

STATE OF VERMONT  
SECRETARY OF STATE

By: S. Lauren Hibbert  
S. Lauren Hibbert  
State Prosecuting Attorney

Dated: 12/5/12

DOREEN CAPUTO  
RESPONDENT

By: D. Caputo  
Doreen Caputo

APPROVED AND SO ORDERED:

Dated: 12/10/12

VERMONT BOARD OF NURSING

By: Jamie Carr  
Chairperson

Date of Entry: 12/10/12

STATE OF VERMONT



Prosecuting Attorney  
Office of  
Professional Regulation  
National Life Building  
Second Floor North  
Montpelier, VT  
05620-3602