

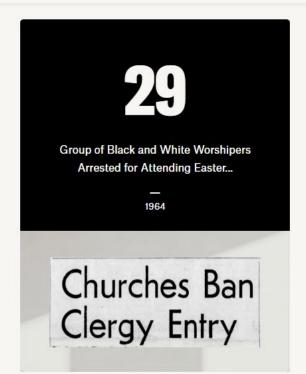


Racial Injustice Calendar

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A History of Racial Injustice

March V



Convict Leasing System Re-Enslaves Black
Men in Alabama

1908



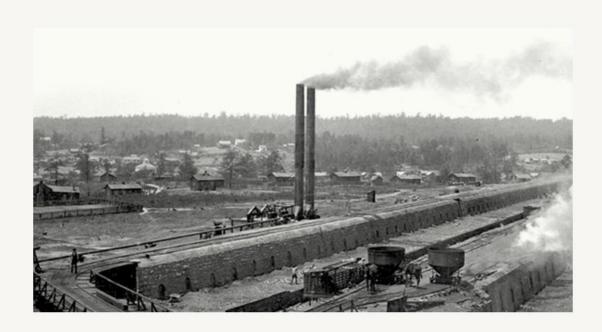
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White Mob Lynches Marie Scott in Wagoner County, Oklahoma

1914



Convict Leasing System Re-Enslaves Black Men in Alabama



Touchstones

Be Present as fully as possible. Be here with your doubts, fears and failings as well as your convictions, joys and successes, your listening as well as your speaking.

Listen Generously to your own and one another's experience and discoveries. Trust we all hold a piece of the puzzle and we need each other's pieces to understand the whole picture.

Respect each other's ways of knowing and learning. We are each responsible for our own journeys and cannot presume to know anyone else's answers.

Speak from Your Heart. Pause, listen with your whole body. Speak in your narrative, using "I" statements and letting words arrive from within.

Turn to wonder. Ask yourself, "I wonder what my reaction teaches me about myself?" Set aside judgment or critique to listen to others—and to yourself—more deeply.

Practice asking questions that open. We tend to offer each other counsel and corrections. When we offer open, generous questions, deeper knowing is possible.

Respect Confidentiality. Safety is built in when we can trust that our words and stories will remain with the people with whom we choose to share.



Learned in practice with **WholeHeart, LLC** – Based on the Center for Courage & Renewal; 100 Million Healthier Lives Touchstones for Collaboration; Wholeheart communities of practice

"If you give somebody skills and tools, and they haven't dealt with racism, they can become a more skillful racist."



"Freedom is indivisible, and either we are working for freedom or you are working for the sake of your self-interests and I am working for mine."



"You can't be neutral on a moving train."

-Howard

Zinn









Animating Questions

- What principles guide us to be in alignment with larger movements for equity and liberation from racial injustice?
- How can we understand and empower ourselves in our distinct roles in a larger movement?
- How we can be strategic in moving our individual work toward driving organizational/ institutional change?
- How can we move from the experience of talking, thinking, and planning around diversity, equity, justice, and inclusion, to experiences of creating, growing, and doing?
- How do we create conditions for authentic and long-term collaboration in cultures often defined by urgency and scarcity?



Types of Racism: Patterns of Beliefs & Practices

INDIVIDUAL

INTERPERSONAL Institutional

A *person's* beliefs and actions that serve to perpetuate oppression

- Conscious and unconscious
- Externalized and internalized

The
interactions
between
people - both
within and
across
differences

Policies and practices at the *organization* (or "sector") level that perpetuate oppression

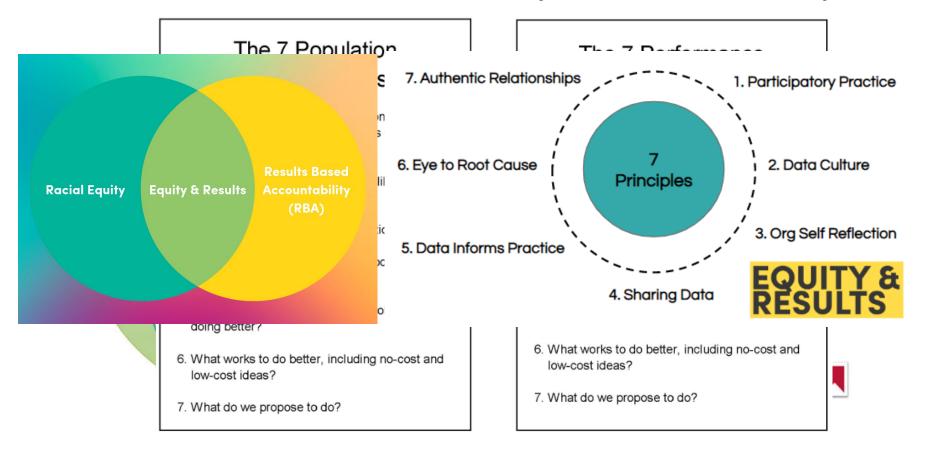
Structural

How these effects interact and accumulate *across institutions*-and across history



SYSTEMIC

Results-Based Accountability & Collective Impact



What are the principles that guide us?

Principles guide our individual ways in the world

- What you personally believe in, feel is true, or feel is important (beliefs)
- Helps you make choices in your lives... (practices)

... and guide our interpersonal relationships

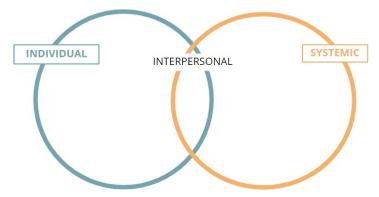
- What we agree together is important to us & how our different beliefs interact
- How we choose to practice and show up with one another, or how our different practices interact

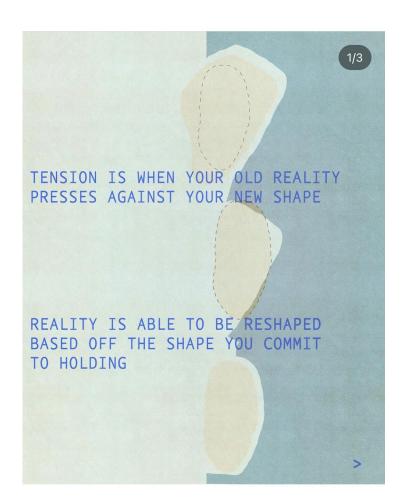
...and guide our organizations & institutions

- How we portray ourselves (websites, statements)
- What our organizations and institutions show is important through policies, practices, investments
- How our organizations and institutions are designed

Individual Reflection: Seeing Principles

- Draw a venn diagram on a piece of paper in front of you.
- Individual: Position yourself in the context of your whole life. What does accountability mean to you? How do you know you feel in right-relationship with others?
- **Systemic:** Position yourself in the context of your organizational culture. What does accountability mean there?
- Interpersonal: What feels seamless and what feels like a tension or disconnect as your personal and the system practices of accountability meet?





Understanding Ourselves in Our Roles

BOUNDARIES

Time we have Resources we have In scope/out of scope

AUTHORITY

The right to do our work

Formal authority
Personal authority



TASKS

The work to be done

The process of getting it done

ROLE

Job descriptions & expectations

Where you jump in/fill in

BART Organizational & Role Analysis

How do you see your role aligned with bigger movements for diversity, equity, justice, inclusion?

How are you empowered in your role? How are you perceived?

What are some characteristics of your current work environment or culture that impact <u>your</u> ability to successfully implement transformative change?

Hallmarks of groups that are ready...

Strong Infrastructure

Able to Measure Demographics; Feedback Mechanisms in Place

Mindset of Abundance

Resources and power are amplified when we work together

Self-Reflective Culture

Culture that Welcomes Change, Discomfort, Imperfection, Learning; Promotes a Growth Mindset

No Siloes

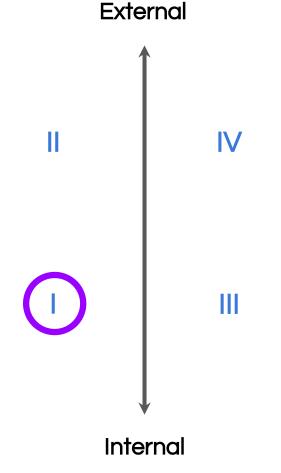
Centralized Processes to Ensure Fair & Consistent Practices; Open Communication & Shared resources

Committed Leadership

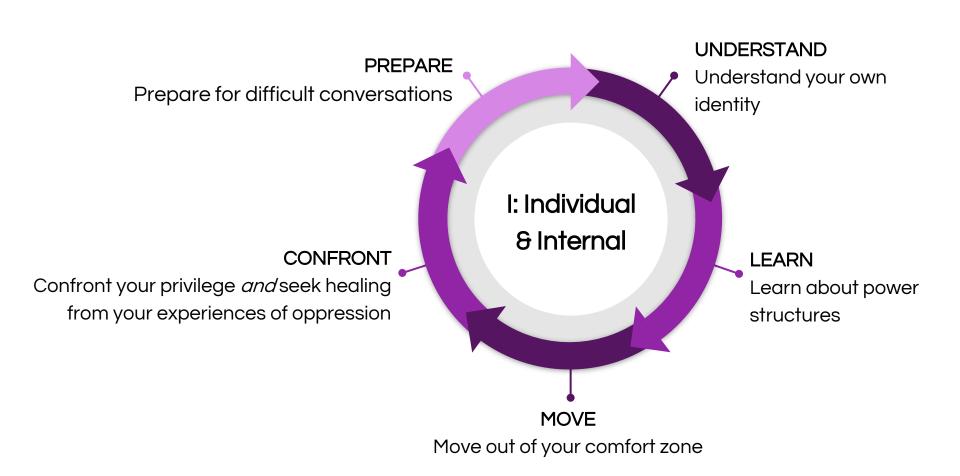
Visibly supportive – examples include signing a pledge, posting a DEI statement on the web site, creating DEI positions/committees

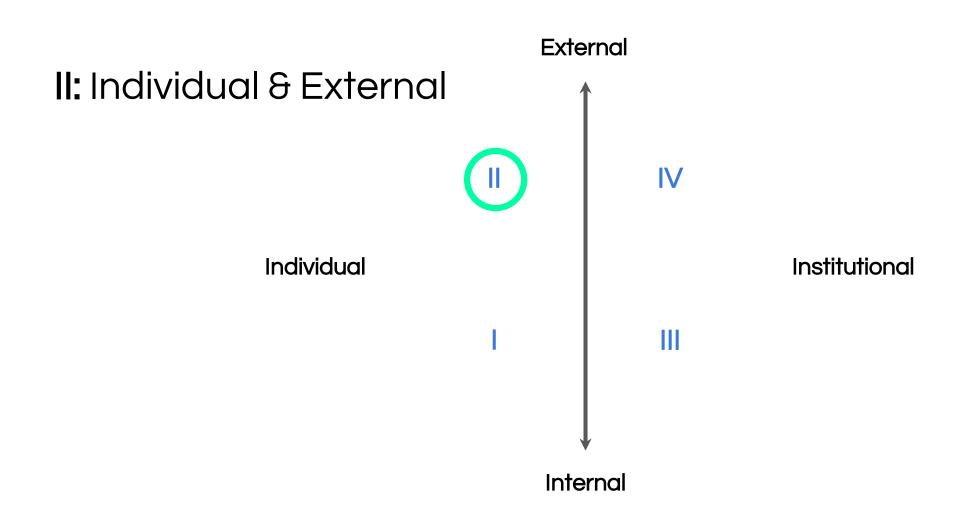
Getting Strategic: Four Quadrants

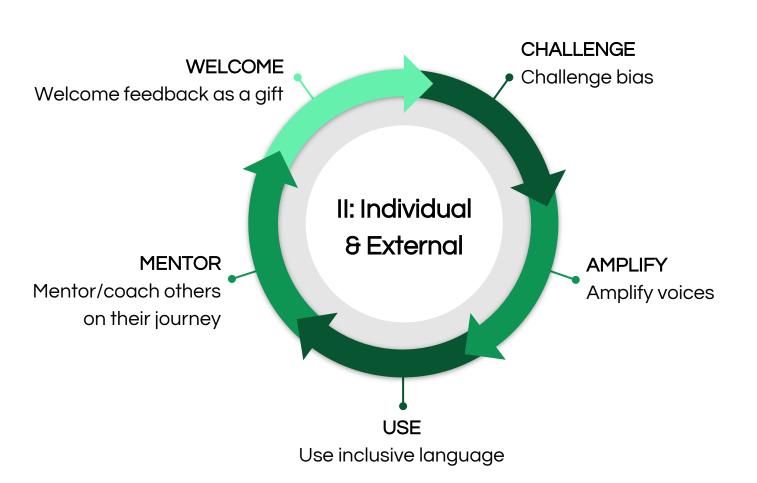
Individual



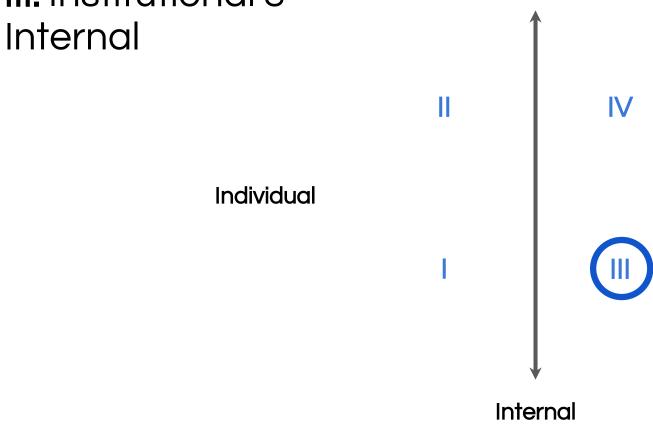
Institutional





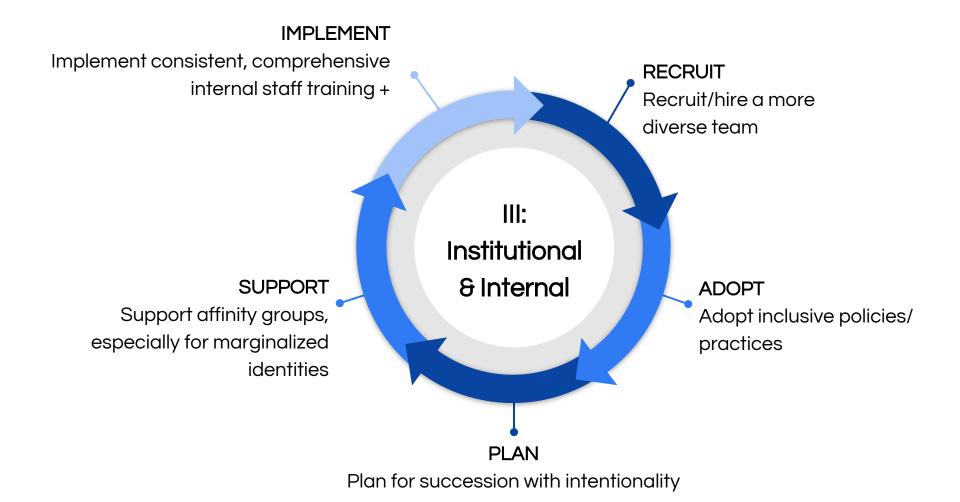


III: Institutional &

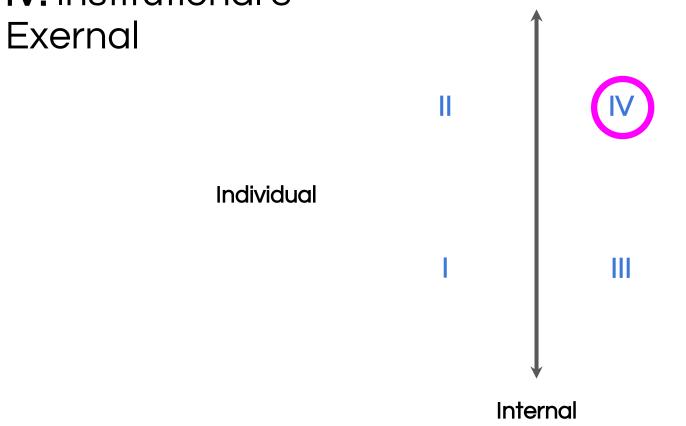


External

Institutional

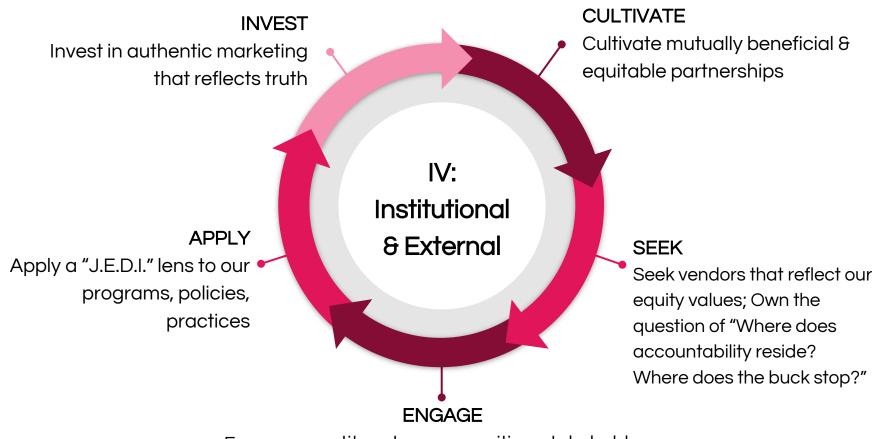


IV: Institutional &



External

Institutional



Engage constituents, communities, stakeholders, and tribes early and often





Moving from Talking to Doing: Lotus Blossom

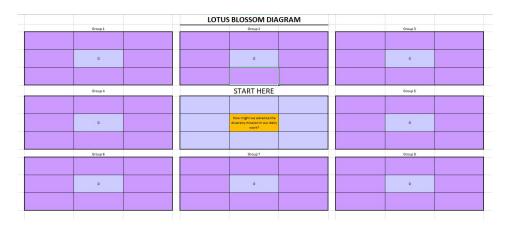
| | LOTUS BLOSSOM DIAGRAM | |
|---------|---|---------|
| Group 1 | Group 2 | Group 3 |
| | | |
| 0 | 0 | 0 |
| | | |
| Group 4 | START HERE | Group 5 |
| | | |
| 0 | How might we advance the diversity mission in our daily work? | 0 |
| | | |
| Group 6 | Group 7 | Group 8 |
| | | |
| 0 | o | 0 |
| | | |
| | | |

Lotus Blossom Exercise

| CORE CHALLENGE | RECORD STRATEGY | SMALL GROUPS | GENERATE TASKS | CLARIFY ACTION |
|--|--|--|---|--|
| START IN THE CENTRAL BOX. | WRITE ALL OF THE STRATEGIES/IDEAS RELATED TO YOUR | BREAK OUT INTO GROUPS TO | EACH GROUP WILL GENERATE UP TO 8 MORE STRATEGIES OR TASKS. | RESULT = SPECIFIC ACTIONS TO BEGIN |
| WRITE YOUR CORE CHALLENGE/ OPPORTUNITY IN THE GOLD CENTER. | CENTRAL QUESTION IN THE 8 LAVENDER BOXES AROUND THE CENTER CORE ITEM. | ADDRESS EACH LOTUS BLOSSOM AND WORK ON IT AS A GROUP. | IF NECESSARY, BREAK THEM OUT AND START BRAINSTORMING AGAIN. | THE WORK! REJOIN AND SHARE IDEAS WITH THE FULL GROUP. |
| HAVE THE TEAM SUBMIT STRATEGIES FOR THE CHALLENGES OR IDEAS FOR THE OPPORTUNITY. | EACH ONE WILL AUTOMATICALLY POPULATE THE CENTER LAVENDER BOX OF THE CORRESPONDING LARGER BOXES AROUND THE PERIMETER OF THE CENTRAL SQUARE. | | THIS ITERATIVE PROCESS CONTINUES UNTIL YOU GET TO THE BASE/ELEMENTARY STEPS REQUIRED TO GET STARTED ON AN APPROACH. | |

Getting clear & specific

- Are there things we could do immediately?
- Are some aspirational that will require long-term planning?
- Do any require budget?
- What should we prioritize?



Lotus Blossom: Practice

CORE CHALLENGE

RECORD STRATEGY

GENERATE TASKS

CLARIFY ACTION

Start with a central idea – HOW MIGHT WE ADVANCE THE DIVERSITY MISSION IN OUR TEAM (this is your core challenge/ opportunity).

Come up with at least 5-8 core ideas. Have the team either break up to work on separate ideas or work together to brainstorm strategies/tasks for addressing each of the challenges, or ideas to capitalize on each of the opportunities.

Write all of the strategies/ideas related to your central issues down for each opportunity/ challenge.

Determine if those actions will need even further breaking down of substeps.

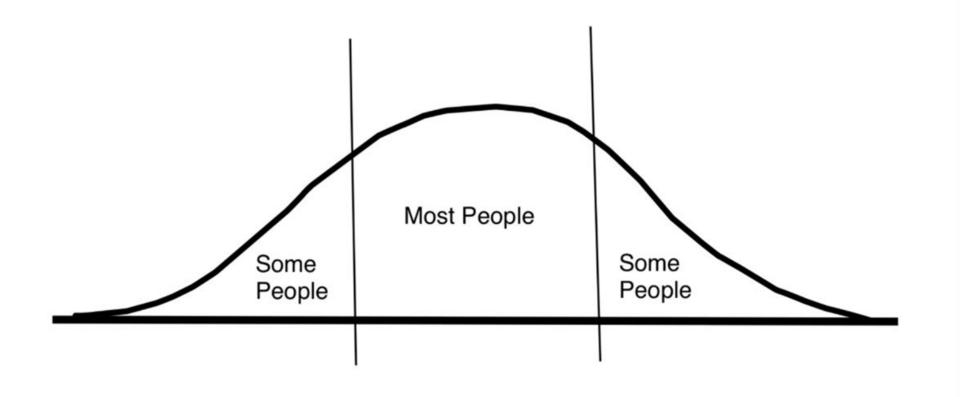
If necessary, create another set of tasks for any items that need to be further broken down.

Determine if each idea/task is going to cost money, require long-term or short-term horizons, and then finally prioritize the action steps.

When you are done crafting action steps for each idea/challenge, then put the whole list of ideas together and prioritize each of the 5-8 the core ideas.

RESULT = SPECIFIC ACTIONS TO BEGIN THE WORK!

REJOIN AND SHARE IDEAS WITH THE FULL GROUP.



Data presented during my class at The Equity Institute on How to Move the Needle

Do we need 51% to agree to make a change?



Social Scientist David Centola did the research in 2018 and got the answer...



What happens when we all get involved?



How do we create conditions for authentic and long-term collaboration in cultures often defined by urgency and scarcity?



