

October 30, 2025

Important Update for 3SquaresVT Customers

Due to the ongoing federal government shutdown, regular federal 3SquaresVT (SNAP) benefits for November are temporarily delayed.

To help Vermonters access food during this time, the State of Vermont will provide a temporary, state-funded benefit covering the first 15 days of November benefits.

What You Also Need to Know

- You can continue to use any benefits already on your EBT card from October or previous months.
- The temporary state-funded benefits will be added to EBT cards or direct deposit on or around November 7, 2025.
- Benefits will appear on your card automatically — you don't need to reapply or contact DCF.
- Check your benefit balance online: at www.ebtedge.com or by calling 1-800-914-8605.

For More Information, please visit our office or call Economic Services Division:
1-800-479-6151 Monday through Friday 7:45am to 4:30pm, except for Thursday when the hours are 9am to 4:30pm.