

3SquaresVT in a SNAP!

An easier way for older & disabled Vermonters to get and keep 3SquaresVT food benefits.

You may use this simplified process if EVERYONE applying is:

- 1. At least 60 years old or getting disability benefits, and
- 2. Not earning income from a job or self employment.

What you'll get:

- A simpler, shorter application.
- Three years of benefits with no additional paperwork.



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