

## **Individuals Experiencing Homelessness are eligible for 3SquaresVT**

The Department for Children and Families is reminding residents that having a permanent address is not a requirement to qualify for and receive 3SquaresVT benefits. This vital program provides nutrition assistance to those in need, including individuals experiencing homelessness.

Individuals experiencing homelessness can receive 3SquaresVT benefits by using alternative mailing options for communication and documentation, including:

- General Delivery: Mail can be sent to a local post office for pickup.
- P.O. Box: Residents can rent a P.O. Box for secure mail receipt.
- Reliable Friends or Family Members: Individuals may use the address of someone they trust for correspondence.
- Shelters: Many shelters provide mail services for residents, making it easier to stay connected.

It's important for the Economic Services Division to have a reliable way to send information to you by mail. If your circumstances have changed and you need to update the mailing address linked to your 3SquaresVT account, you can call the Economic Services Division at 1-800-479-6151. For language interpretation services, call 1-855-247-3092.

You may also call 2-1-1 and request to be connected with a community partner organization who can support you with 3SquaresVT benefits and reporting changes.

The Department for Children and Families encourages anyone in need of food assistance who thinks they may qualify to apply for 3SquaresVT, regardless of their living situation. To learn more about eligibility requirements and the application process, visit [dcf.vermont.gov/benefits](https://dcf.vermont.gov/benefits) or call 2-1-1.