

Shuruucda Kuboonada

- ▶ Waxaa kaliya loo adeegsan karaa suuqyada beeraleyda iyo miisaska khudaarta ee ku jira.
- ▶ Waxaa kaliya loo adeegsan karaa in lagu iibsado khudaarta bisil, khudaarta cagaaran iyo xawaashka markaa la jarjaray oo daray ah. "Daray" waxay ka dhigan tahay wax imika beerta laga soo jaray – oo la iibiyay isaga oo qaydhiin oo aan la karin.
- ▶ Beeralaydu ma celin karaan baaqiga kuboonka. Hadii aad doonayso wax in yar ka badan \$6, markaa waxaa wanaagsan inaad inta soo hadhay ku bixiso kaash oo aanad iskaga khasaarin qayb kamid ah kuboon. Soo qaado waxoogaa lacag ah!
- ▶ Qof kasta oo iibsada ama iibiya kuboon waa laga saari karaa barnaamijka oo waxa laga qaadi doonaa talaabo sharci ah.
- ▶ Kuboonadu waxay dhacayaan Oktoobar 31keeda sanad kasta.

Meheradaha Loo Ogol Yahay

Waxa aad eegtaa meheradaha ay ku taalo calaamada *Farm to Family* ee huruuda iyo buluuga ahi.



Kaadhadhka EBT ee Vermont

Badanaa suuqyadu waxay aqbalaan kaadhka EBT ee Vermont. Ka eeg shaxda kaadhka EBT/kaydka suuqa. Wuxuu aad heli kartaa foojarro aad u isticmaali karto inaad ku iibsato alaabta suuqa halkan. Foojarrada \$1 ah waxa laga yaabaa inaad kaga iibsato cuntooyinka u qalma barnaamijka 3SquaresVT oo waxaa ku iibya meherad kasta oo suuqa ah. Foojarrada \$5 ah waxa loogu talagalay akownada kaashka EBT oo waxaa lagu iibsan karaa wax kasta oo lagu iibyo suuqa. Dhamaan suuqa EBT sidoo kale waxay siyyaan kuboonada Crop Cash bakhshiish dadka wax ku iibsanaya 3SquaresVT. *Foojarrada & kuboonada kaliya waxaa lagu isticmaali karaa suuqa aad ka heshey.*

Bilaa Takoorka USDA

Farm to Family waxaa lagu taageeraa deeqda laga heley Waaxda Beeraha Maraykanka (USDA). Si aad uga hesho macluumaa sida looga warbixiyo wixii cabasho takoorka ah oo aad u gaadhsiiiso USDA, ka eeg bayaanka dhamaystiran ee bilaa takoorka USDA barta <http://dcf.vermont.gov/benefits/f2f>.

Gaadhsii wixii noocyada kale ee cabasho ah maamulaha suuqa, hay'ada aad ka heshey kuboonada ama:

DCF - Economic Services Division ATTN:
3SquaresVT Farm to Family 280 State
Drive, HC 1 South, Waterbury, VT 05671-
1020

Hay'adan waa adeeg-bixiye fursad loo siman yahay.



Farm to Family 2023

Macluumaa kuboonada

Ku iibsanaya Kuboonada

Kuboonada *Farm to Family* waxaad ku iibsanaysaa khudaarta bisil iyo khudaarta cagaaran, ee ka baxda beeraha deegaanka ee Vermont.

Waraaqahan waxaa ku jira:

- ⇒ Tilmaamaha wax iibsiga
- ⇒ Shuruucda isticmaalka kuboonadaada (tusaale ahaan, sida, halka, goorta iyo waxa loogu talo geley)
- ⇒ Kaalendarka soo goynta dalaga beeraha ee kuu sheegaya goorta khudaarta bisil iyo khudaarta cagaaran qaar caadiyan la helo
- ⇒ Liiska goobaha loo ogol yahay inay aqbalaan kuboonada sanadkan



