

RESOURCES

OLDER VERMONTERS

If you are 60 years or older and want to learn more about options available to you, contact the Area Agency on Aging Helpline at 1-800-642-5119 or find the Consumer Guide to Resources at [Resource Guide for older adults in Vermont — Community of Vermont Elders](#).

DISABLED VERMONTERS

If you are under 60, have a disability and want to learn more about options available to you dial 211 [Vermont 211 Homepage — VT 211](#) or the Vermont Center for Independent Living at (802) 229-0501.

FAMILIES WITH CHILDREN

Understanding your children's rights to education while experiencing homelessness [Education for Homeless Children and Youth | Agency of Education \(vermont.gov\)](#)

The [Bright Futures Website](#) has up-to-date information about your local child care options. Search by factors such as town, program type, child's age, accreditation, and participation in the STARS quality recognition system.

The child care referral specialist at [your local agency](#) can help you find child care in your area. You can also submit this [online form](#) to have the local specialist contact you.

Families looking for Specialized Child Care, can reach out to their local Specialized Child Care Coordinator. The **Specialized Child Care Coordinators** help child care providers, social workers, families, and community partners with issues related to specialized child care, find your local Specialized Child Care Coordinator here, <https://dcf.vermont.gov/contacts/partners/scc>

BOARD AND CARE RESIDENCES

For information <https://vermont211.org/> about Nursing Facilities, Residential Care Homes and Assisted Living residences:

- Contact the local Area Agency on Aging Helpline at 1-800-642-5119.
- Find a list of facilities online at [Facility Lists | Division of Licensing and Protection \(vermont.gov\)](#).
- Find a Consumer Guide to Long-Term Care Facilities at [consumer-guide.pdf \(vermont.gov\)](#).

For information about obtaining personal care services where you live, contact the local Area Agency on Aging Helpline at 1-800-642-5119 or your local home health agency. A list of home health agencies can be found at [Find My Agency — VNAs of Vermont \(vnavt.org\)](#).

APPLYING FOR BENEFITS

3SquaresVT and SNAP <https://dcf.vermont.gov/benefits/3SquaresVT>

1. Print [Form 202](#) or call 1-800-479-6151 to request a copy.
2. Complete and sign it.
3. Submit it by:
 - using the [document uploader](#),
 - mailing it to the address on the application, or
 - dropping it off at a [district office](#).

<https://www.healthvermont.gov/family/wic>

For help or more information, contact the Vermont WIC Program by email at wic@vermont.gov or call [800-464-4343](tel:800-464-4343) | [802-863-7200](tel:802-863-7200) | Fax: [802-863-7229](tel:802-863-7229) | TTY/TDD: Dial 711 first. Or contact your [local office](#).

If you need to enroll in Medicaid, Vermont's health insurance marketplace, Vermont Health Connect, offers one door for people to enroll in health insurance. Vermonters can enroll in [Vermont Medicaid](#), commercial health insurance through [Qualified Health Plans](#), and other programs by:

- Calling the Customer Support Center at 1-855-899-9600;
- Contacting a local [Assister](#);
- Apply online at <http://VermontHealthConnect.gov>;
- Complete a [paper application](#) and mail it in.

<https://dcf.vermont.gov/benefits> has a full list of all DCF benefit programs, like nutrition benefits (*3SquaresVT/SNAP – see more below*), child care subsidies, family supports, fuel assistance, and more.

SUBSTANCE ABUSE SERVICES

For information on substance use recovery and treatment services please see [VTHelpLink](#) – or call 802-565-LINK

MENTAL HEALTH SERVICES

To connect to your local community mental health agency please see [How to Get Help | Department of Mental Health \(vermont.gov\)](#)

For supportive housing programs for individuals who have experienced mental health challenges contact the Pathways Vermont Support Line (833) VT-TALKS / (833) 888-2557

TEEN OR YOUNG ADULTS

<https://vcrhyp.org/>

The Vermont Coalition of Runaway and Homeless Youth Programs (VCRHYP) creates a statewide safety net for youth in need by supporting a network of runaway and homeless youth programs throughout Vermont. VCRHYP staff are available to take your calls or emails ("About Us" > "Staff"), and VCRHYP member agencies ("Find An Agency") are located within every local Continuum of Care in Vermont.