

CLIMATE ACTION IN VERMONT

Health



Climate change is already impacting the health of people in Vermont. Some existing health threats such as tickborne diseases will continue to intensify, and new health threats will emerge. Climate change affects clean air, safe drinking water, socioeconomic conditions, secure shelter, and access to health care services—all of which are linked to health of people living in Vermont.

Community Resilience

is a community's ability to prepare for, withstand, and adapt to climate-related disasters. Systems that support human health and well-being, social and economic equity, sustainable infrastructure, and coordinated communication and planning help build community resilience.

Health benefits of resilience for people and communities

Reduce injuries and deaths directly attributed to changing temperatures, weather patterns, or weather disasters



Reduce stress levels and symptoms related to chronic stress



Improve support for communities who experience the worst impacts of climate change



VERMONT CLIMATE ACTION OFFICE

Contact: ANR.CAO@Vermont.gov

Learn more: www.ClimateChange.Vermont.gov



Staying healthy through climate change

Extreme Heat

Prevent potentially deadly heat illnesses

Ticks and Mosquitoes

Reduce the spread of tick and mosquito bite diseases

Mental Health

Stress, anxiety, and depression

Air Quality

Pollutants irritate the heart and lungs

Cyanobacteria

Cyanobacteria blooms can release toxins into waterways

Mold

Warm, moist conditions can increase mold growth

HealthVermont.gov/Mold

Floods

How to test your water and safely clean up after a flood

HealthVermont.gov/Flood

Find these resources and more at HealthVermont.gov/Climate

Scan to learn more and get involved



Staying safe through climate change

VT-ALERT

Get notified of emergency situations

VEM.Vermont.gov/VTAlert

Prepare for Emergencies

Floods, heat waves, power outages, and more

VEM.Vermont.gov/Preparedness

CARE

Extra help or services during an emergency

e911.Vermont.gov/CARE

Your voice matters!

Contact the Climate Action Office and let us know: what State actions addressing climate change are important to you?

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AGENCY OF NATURAL RESOURCES