



BBQ Season Rotisserie Chicken

Callahan 2014 CSA Products

Our monthly CSA share provides 6 to 8 lb healthy, gourmet quality meats...plus über fresh eggs! Meat shares are different each month. Members will receive most of these Callahan Meat CSA products over 10 months:

PORK rib & loin chops, ground pork, roasts, country ribs, maple cured bacon, whole ham/ham slices & hocks.

LAMB rib & loin chops, leg roasts, shoulder chops, stew & kebob meat, ground lamb, shanks.

CHICKEN free-range broilers & roasters.

BEEF steaks, ground beef, natural hot dogs.

EGGS very fresh from happy hens.



100% Callahan Farm al fresco breakfast

SELECT YOUR MEAT CSA

___ BARBECUE SEASON MEAT CSA \$300

June thru October / 5 shares

___ CABIN FEVER SEASON MEAT CSA \$300

November thru March / 5 shares

___ MEAT FOR ALL SEASONS CSA \$575

BBQ & Cabin Fever Seasons / 10 shares

Name: _____

Email: _____

Phone: _____

Town: _____

Total due: _____ 50% deposit: _____

Payment type: () check () cash () Paypal
{ 3% added to Paypal payments }

Send or email your completed form to our farm

QUESTIONS? We hope you contact us!



Mary & Fred

CALLAHAN FARM
534 Smith Hill
Northfield Vermont 05663
802-485-7889
callahan@tds.net

Callahan farm

MEAT CSA

Monthly Shares of
An Amazing Array of
Local Farm Raised Meats & Eggs



From Our Farm to YOU!

Pork Lamb Chicken
Eggs Bacon Ham Beef

Barbecue Season
June 2014 - October 2014

Cabin Fever Season
November 2014 - March 2015

Meat for All Seasons CSA
10 months June - March 2015

WE BELIEVE

To really change the food system, we need small farms in every community raising crops and livestock with care for the earth and a cultural sensitivity that reflects local values.

We focus on livestock breeds that are known for their gourmet qualities and an affinity for living naturally outdoors. No animal on Callahan Farm is confined to a pen or a cage. They all live on pasture, in the woods and free range naturally.

Raising animals in this manner helps to build healthy thriving soils, healthy forages, healthy animals and healthy people. It is all symbiotic and all connected!

OUR MEAT CSA

Callahan Meat CSA is an opportunity to enjoy a variety of amazing locally raised, gourmet quality meats all year. Shares include a variety of 6 to 8 lb of meats plus a dozen or two fresh farm eggs - without shopping!

Outdoor grilling meat is featured in the **Barbecue Season CSA**. Braising meats and roasts are featured in the **Cabin Fever CSA**. **Meat for All Seasons** = both ...with savings! Our meat products are USDA inspected & vacuum-sealed for long term freezer storage. **DELIVERY** Shares are delivered to pick-up sites or ready for you anytime at the farm store anytime.

JOINING OUR CSA

Complete the enrollment form and return it to us with a deposit or full payment.

A 50% deposit reserves your share.

Balance is due before the first share pickup.

Payment plans available? Sure!

Substitutions? No problem!

Questions? We'd love to hear from you!

CALLAHAN CHICKEN

Our chickens are outdoor birds, and they thrive on insects, grasses and whole grains. Cornish Cross chickens are everyone's favorite: tender, broad-breast & meaty thighs .

Broilers weigh 4+ lb - Roasters weigh in at 5 - 6 lb.

Our Meat CSA features broilers for barbecue weather & roasters for cold weather comfort food.

VERMONT BEEF

We partner with Black Watch Farm and Howevale Farm who provide us with splendid local beef products for our Meat CSA shares. We choose like-minded farms in Central Vermont and do so with confidence that the quality of their meat products and their farming practices are excellent.

CALLAHAN LAMB

Lambs are born outdoors and raised on mother's milk, whole grains and lots of fresh, green pasture. Callahan lamb is tender and mild tasting. Our Meat CSA products include chops, shanks, kabob meat, leg of lamb and ground meat for the ultimate burger.



CALLAHAN PORK

The piglets arrive in April. They are raised outdoors to do what they do best: root and forage. We provide whole grain rations and lots of surplus farm veggies.

Our Meat CSA features beautiful premium loin & rib chops, country ribs, ground pork/sausage, maple cured bacon & whole ham/ham steaks.



HAPPY HENS

Our little red hens are hardy, good foragers and very, very friendly! They produce lovely brown eggs with bright yellow yolks. Each month you'll find a dozen or two of these perfect eggs in your Meat CSA share.

CONTACT INFO

CALLAHAN FARM

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534 Smith Hill

Northfield Vermont 05663

802-485-7889

callahan@tds.net

www.callahanfarm.com

www.facebook.com/CallahanFarmVT